Our Impact

“Social and emotional skills and supports are the leading factors driving successful post-high school outcomes for students with LD/ADHD”
- National Center for Learning Disabilities

Researchers from the University of California, San Francisco (UCSF) are measuring Eye to Eye Mentees’ social-emotional skills and competencies. After the first year of research, the UCSF team found positive, statistically significant improvement in Mentees’ grit, reading self-concept, math self-concept, group identification, and response to failure.

“We found very promising indications that Eye to Eye Mentoring promotes social-emotional resilience and success”
- Dr. Fumiko Hoeft, University of California, San Francisco

Eye To Eye

Eye to Eye is the only national nonprofit organization run by and for people with learning differences (LD) and ADHD. We serve students, schools, and communities by:

- Establishing one-on-one mentoring programs for students with LD/ADHD
- Training student speakers to inform and inspire audiences across the country
- Promoting broad cultural change in the way people perceive those who learn differently

Eye to Eye Mentoring Program

Leadership development and near-peer mentoring:
Eye to Eye trains high school and college students with LD/ADHD to mentor similarly-identified middle school students

School partners: Eye to Eye collaborates with K-12 and higher education partners across the country

Social-emotional skills and competencies: Eye to Eye Mentors deliver an 18-week, arts-based curriculum that fosters critical social-emotional skills and competencies

Mentor and Alumn’Eye support: Eye to Eye Mentors benefit from training, networking, professional development, both as Mentors and Alumn’Eye

“Eye to Eye Mentors offer an invaluable social-emotional intervention for our students who learn differently”
- Lisa Krempa, Director of Special Education, Uncommon Schools

IMPROVEMENT IN:
Self Esteem (12%)
Grit (8.36%)
Growth Mindset (14%)
LD Identity (24.52%)
Reading Self-Concept (19%)

Response to failure
Depression
Self Esteem

UNLOCK GREATNESS IN THE 1 IN 5 WHO LEARN DIFFERENTLY

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